

OUR LADY OF GRACE

HIGH SCHOOL YOUTH MINISTRY

FOUR CHALLENGES FOR THE WEEK

For those of you who watched the amazing video (JK) here are the FOUR Challenges for the week!

1- Talk to a trusted adult - trust me it helps! I'm talking to trusted adults right now! ANNNND if you want to talk with me DO! Text me, email me, etc.! WANT TO TALK WITH YOU! You are not alone!

2- Love one another as God loves us. Stay home to keep others safe! I know it can be HARD, BUT you can take this time to be with family, call on older family members, etc. SO MANY GOOD IDEAS! We as a community are going to get through this!

3 - So often I hear we don't have enough time to pray - WE HAVE SOOO MUCH TIME NOW! So many places have great resources! OLG is working on a lot of stuff right now! Keep checking back on our Insta, twitter, YouTube, websites, ETC.

4 - Even those of us who are strong in faith are feeling uneasy and uncertain right now. If you are here looking at what we are doing during Covid- 19 - it means you believe in something more than just our time here on this earth. You believe in God.

Isaiah 41:10

... do not fear, for I am with you,
do not be afraid, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my victorious right hand.

One of my favorite verses - Just like on the video when my mom sat with me one the floor and just listened. God isn't saying that he is gonna come down and fix everything - but he will give us the strength we need to get through this. To help our communities.

DISCUSSION QUESTIONS

1- How are you feeling/doing? What is something you are looking forward to this week? What is something you are NOT looking forward to?

2- How are you going to love others this week?

3- Are you going to try a new way to pray this week? What is it and when are you going to pray?

3 - What Bible verses do you turn to in times of trouble?